






# AIKIDO ACADEMY

*For Children And Adults*



## AIKIDO ACADEMY WELCOMES CYNDY HAYASHI 7TH DAN FOR A SEMINAR OCTOBER 14, 15, & 16



**Cyndy Hayashi**, instructor at Aikido West, began her training at Aikido of San Francisco in 1977. She trained there under Frank Doran Sensei, Robert Nadeau Sensei and Bill Witt Sensei. She traveled to Iwama, Japan to train with Morihiro Saito Sensei where she received her shodan. After returning to the United States, she trained and taught at the Aikido Institute of Oakland and at Aikido West in Redwood City. She later decided to become a dedicated student of Frank Doran Sensei. She has trained in France, Germany, Switzerland, Vienna, England and assorted cities in the United States. She has taught seminars and classes in the U.S., Israel and France. She has attained the rank of sandan in Japanese archery, kyudo. Her main emphasis is the enjoyment of self-exploration through Aikido. She strongly believes that Aikido is a way of life.

Cyndy is the Administrator for the California Aikido Association.



**\$ 120 FOR WHOLE WEEKEND**

Date	Time	Cost
Friday, Oct 14th	7:00pm-9:00pm	\$45
Saturday, Oct 15th	10:00am-12:00pm & 2:00pm-4:00pm	\$75
Sunday, Oct 16th	10:00am-1:00pm	\$65

FOR MORE  
INFORMATION, CONTACT  
AIKIDO ACADEMY AT:

PHONE:  
**425-882-9934**

ADDRESS:  
**14860 NE 95th St  
Redmond WA 98052**

ON THE WEB:  
[billaikido@hotmail.com](mailto:billaikido@hotmail.com)

